# Excelsior Springs Hospital

#### 2024 Annual Report

The purpose of this report is to summarize the activities, accomplishments and financial information for the Excelsior Springs Hospital in Excelsior Springs, Missouri during the fiscal year 2024. This summary is presented to the Excelsior Springs Hospital Board of Trustees and the City Council.



## **Executive Summary**



"Your story of how you overcame what you went through might one day be someone else's survival guide".

~Brene Brown

2024 – another year has tested us.

We've navigated unexpected changes, financial pressures, and tough decisions that impacted both our team and our community.

#### And yet—we are still here.

More importantly, we continue to move forward. Our staff rose to meet every challenge. We adapted, persisted, and held tight to our mission of providing high-quality care close to home.

This report reflects the reality of the year behind us—and the strength we've gained from it. We didn't just endure—we recalibrated. We made hard calls with integrity. And we've laid the groundwork for a more focused, sustainable future.



## Governance and Leadership



Excelsior Springs City Hospital d/b/a Excelsior Springs Hospital

Board of Trustees – appointed by the Mayor

Tim Pence, President

Mike Anderson, Vice President

Martha Buckman, Treasurer

Jeanine Stubbs, Secretary

Kathy Roberts, Trustee

Jesse Hall, Trustee

Brian Yarbrough, Trustee

"Our Board of Trustees is a true gift—steadfast in their support, generous with their wisdom, and unwavering in their commitment to our mission. We are deeply grateful."











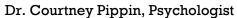














Dr. Stephanie Brooks, Psychiatrist



Dr. John Owen, Emergency Medicine



Dr. Kirstie Van Ry Liberty General Surgery



Dr. Clayton Theleman Liberty General Surgery



Dr. Alan Good Liberty General Surgery



Dr. Jordan Myhere Liberty General Surgery

"We are excited to welcome new physicians, new partners and expand our service lines—strengthening our ability to care for our community and building a healthier future, together."

## 2024 Results

## Numbers Tell Their Own Story



Service	Data Point 2023	Data Point 2024
Patient Days	IP - 600 Days Swing - 1,450 Days	IP - 822 Days Swing - 1,550 Days
Emergency Room	8,500 visits	8,600 visits
Cardiopulmonary	EKG - 2,540	EKG - 2,440
Home Health	17,250 visits 740 admits	17,775 visits 728 admits
Hospice	7,720 days 55 admits	5,800 days 64 admits
Lab	544,750 tests	560,000 tests
OP Clinics	9,200 visits	11,200 visits
<b>Pharmacy</b>	78,000 doses delivered	106,200 doses delivered
Physician Clinics	18,700 clinic visits	19,900 clinic visits
Radiology	CT Scan - 2,970 Mamm - 1,750 MRI - 740 Ultrasound- 1,250 X-Ray - 7,500	CT Scan - 3,760 Mamm - 1,000 MRI - 825 Ultrasound- 1,560 X-Ray - 7,875
Surgery	495 cases 500+ procedures	528 cases 500+ procedures
Therapy	15,140 visits	15,500 visits
Meals Served	96,300 meals	133,500 meals



## Quality is Key Five Focus Areas



#### 1. Patient Safety

Keeping patients safe is our top priority.

- Zero hospital-acquired infections reported in 2024
- Ongoing fall-prevention strategies in place
- Medication safety: daily pharmacist review and bar-code scanning



#### 2. Clinical Outcomes

Monitoring key conditions and reducing risk.

30-day readmissions: below national average

Time to transfer (for stroke, trauma, sepsis): consistently <50 minutes



### 3. Patient Experience

What our patients say matters.

82% said nurses "always" communicated well (HCAHPS)

Nursing /Leadership Rounding

New comfort-focused discharge education and follow-up calls



## 4. Care Coordination

Smooth transitions reduce stress and improve outcomes.

100% of discharge summaries completed within 48 hours

Medication reconciliation at discharge

Seamless transfers to regional partner hospitals



## 5. Operational Efficiency

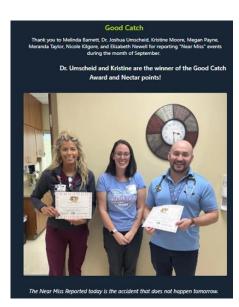
Doing more with less, wisely.

Average inpatient length of stay: 3.16 days

Door-to-provider time in ED: 10 minutes

Door to Triage – 14 minutes





## Quality and Performance Improvement = Success



- AHA \$75k HRET First Line Award
- \$25k HSG Patient Safety Grant
- Lab TJC Survey Jan 2025
- Clay County Children's Services: Awards, Clean Audit + Compliments

#### Good Progress

Smarter maintenance = maximum impact, minimal cost

Active improvement in key committees:

- Compliance, Emergency, Safety, EOC & more Survey Readiness
- CMS Full Survey/Lawson Rural Health Survey

#### 2025 Departmental Quality Assessment Performance Improvement Plans

Department Directors or designees report their QAPI plan(s) to the Quality Committee twice a year.

Be familiar with your departments plan and your role in helping improve the outcome!

2025 Quality Assessment Performance Improvement Plans					
Department	QAPI				
Organization-Wide	HIPAA Privacy Security Events				
Accounting	Employee Time Sheets Incomplete				
Cardiopulmonary	PFT (Pulmonary Function Test) Report Turnaround Time in Days				
Case Management	Readmission Rate-30 Day				
Clinical Informatics	EHR Unplanned Downtime				
Emergency Department	Blood Transfusion Administration and Critical Results and Organ Procurement and Restraint/Seclusion				
Environmental Services	Sharps Disposal Compliance				
Health Information Management	Medical Record Delinquent Rate				
Home Health	Acute Care Hospitalization				
Hospice	Comfort Kit				
Human Resources	Workplace Violence Safety Events				
Infection Control	Antimicrobial Days of Therapy and Hand Hygiene				
Information Technology	Computer and System Access Terminated Timely				
Laboratory	Blood Transfusion Administration (Project with MS/ED/OP)				
Materials Management	Cost of Expired Inventory Discarded- OSTA (by department)				
Medical / Surgical Department	Fall Injury Rate, Blood Transfusion Administration, and Critical Results				
Nutrition Services	Food Sanitation Standards Compliance				
Outpatient Services	Appointment type error rate-Reoccurring / Nonrecurring				
Patient Access	Registration Document Error Rate				
Perioperative Services	Post Discharge Telephonic Follow-up Timely				
Pharmacy	Bedside Barcode Scanning Rate				
Physician Clinic	Admission Documents-Consent to Treat				
Plant Operations	Fire Drill Alarm Announced Properly				
Psychiatric Services	Group Therapy - 70% Attendance Rate and 80% Improvement in GAD7 and PHQ9 scores				
Radiology	Computed Tomography Exams-Average Turnaround Time				
Rehabilitation Services	Progress Notes Updated Timely- SLP, OT, PT				
Patient Financial Services	Accounts Receivable Outstanding Insurance Greater than 90 Days				
Social Services	Advance Directive Compliance				
Utilization Review	Admission Documents-Medicare Message				





## Financial Overview

EXCELSIOR SPRINGS
HOSPITAL

FY 2024 (Ending Sept 2024)

Excelsior Springs Hos Income Statement - CM & YTE	_				
income Statement - CW & FTE					
		FY2024	FY2023	PY YTD Var	Var%
Gross Patient Revenue					
IP Rev	\$	18,588,735	\$ 15,698,741	\$ 2,889,994	18.4%
OP Rev	\$	106,778,685	\$ 78,637,152	\$ 28,141,533	35.8%
Total Patient Gross Revenue	\$	125,367,420	\$ 94,335,893	\$ 31,031,527	32.9%
HH Rev	\$	4,101,132	\$ 3,498,948	\$ 602,184	17.2%
Hospice Rev	\$	1,131,521	\$ 3,558,521	\$ (2,427,000)	-68.2%
Total HH/Hospice Rev	\$	5,232,653	\$ 7,057,468	\$ (1,824,815)	-25.9%
Total Patient Revenue	\$	130,600,073	\$ 101,393,361	\$ 29,206,712	28.8%
Bad Debt	\$	2,671,871	\$ 8,392,934	\$ (5,721,063)	-68.2%
Charity	\$	16,151	\$ 1,103,920	\$ (1,087,769)	-98.5%
Pt Deductions	\$	68,686,845	\$ 49,538,577	\$ 19,148,269	38.7%
Total Deductions	\$	71,374,868	\$ 59,035,431	\$ 12,339,437	20.9%
Pt CR	\$	59,225,205	\$ 42,357,931	\$ 16,867,274	39.8%
Other Rev	\$	247,358	\$ 303,799	\$ (56,441)	-18.6%
Total Oper Rev	\$	59,472,563	\$ 42,661,730	\$ 16,810,833	39.4%

<b>Excelsior Springs Hosp</b>	oita	ıl				
Income Statement - CM & YTD						
		FY2024	FY2023	P	Y YTD Var	Var%
Operating Costs						
Salaries & Wages	\$	21,174,183	\$ 21,197,597	\$	(23,414)	-0.1%
Employee Benefits	\$	7,001,118	\$ 6,263,487	\$	737,631	11.8%
Purchased Srvcs and Pro Fees	\$	11,019,610	\$ 12,178,674	\$	(1,159,064)	-9.5%
Supplies and other	\$	10,586,290	\$ 11,888,177	\$	(1,301,887)	-11.0%
Depreciation	\$	3,961,340	\$ 3,621,136	\$	340,204	9.4%
Total Operating Costs	\$	53,742,541	\$ 55,149,071	\$	(1,406,530)	-2.6%
Income from Operations	\$	5,730,022	\$ (12,487,341)	\$	18,217,363	145.9%
Investment Inc	\$	125,800	\$ 90,094	\$	35,706	39.6%
Interest Exp	\$	1,142,716	\$ 939,328	\$	203,389	21.7%
NonCap Appropriations	\$	337,901	\$ 329,658	\$	8,244	2.5%
Grants Gifts, Other	\$	4,646,253	\$ (118,451)	\$	4,764,704	4022.5%
Total nonoper rev (exp) - Net	\$	3,967,238	\$ (638,028)	\$	4,605,265	721.8%
Revenue in excess of expenses	\$	9,697,260	\$ (13,125,369)	\$	22,822,628	173.9%

## Financial Update – Clearinghouse Challenges

#### **Recovery in Progress**

We are continuing to see signs of progress and have been assured by SSI, Cerner, and TruBridge that claims are once again moving through the system.

However, the financial impact of more than a week without claim processing during the past month has been significant, placing considerable strain on our available cash.

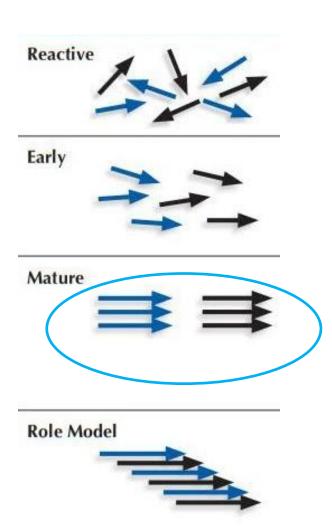
#### **Critical Support During This Time**

The Interfund Loan from the City has been a vital and greatly appreciated resource.

The recently approved Optum Financing credit line will provide an essential financial lifeline in the coming weeks.

•TO NOTE – the 2024 Annual Audit is not complete- EOY Financials are still draft version/subject to change based on audit results.





## ESH Sustainability Plan Key Focus Areas - Action Items



## Focus 1 Payroll/Benefits for Staff and Contracted Physicians

Payroll funded
Benefit expenses
Contracted Physicians
Critical Services/Supplies to be funded



## Focus 2 Vendor Discussions/ Work out Plans

Forbes Law Engagement Payment Plans established/reestablished



## Focus 3 Short Term Financing Options

Exploring Short Term Options to Bridge through Challenging times

- Credit Cards
- Third Party Options
- Loans and other Options



#### Focus 4 –

Long Term Sustainability

Expense Controls
Service Line Accountability
Contract Discussions
Re-engage Creditors



## Priority Focus – Cash In vs. Cash Out





#### **Accounts Receivable**

## Working through with multiple sources

- Trubridge/Evident
- Annex Med
- Hospital Pricing Specialists
- RediHealth
- Cerner/Oracle

#### **Accounts Payable**

#### Three Major Buckets

- Payroll, Benefits and Contracted Physician Services
- Vendors and other Contracted Services
- Lenders, Creditors (USDA, WPS, etc.)



## TOP OF MIND Why We are Here

#### Community Needs Assessment 2024

Partnering with the Northland Health Alliance (2012 - 2024-conducted every 3 years)

Top 3 Concerns remain

**Access to Care** 

**Behavioral Health** 

Chronic Disease



HOSPITAL

SUBSCRIBE TO OUR LATEST NEWS!



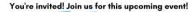


Counseling, Care Coordination & Recovery a service of Excelsior Springs Hospital



"I cannot begin to thank all the staff who took care of me during my stay including the ER and Lab staff. I hesitate to be specific because I don't want to leave anyone out. Everyone gave excellent

ESH Patient





information and resources!

This quarter, we're highlighting Dietetics and Rehabilitation Services Meet our Registered Dietician and members of our Physical Therapy and Speech Therapy teams, and learn about the variety of services that they provide to our community. There will be a light dinner provided, fun activities, and time to tour the Rehab Services department. You will also be able to explore other community resources related to health and wellness.

This event is free and open to the public! All ages are welcome. Registration is requested for food planning purposes.















Friday, June 7th. 11:30 AM

Managing Medicare Joy Killham, Director of Revenue Integrity will be sharing valuable information with us on how to manage Medicare as



Wednesday, June 12th

Brain Health with Tina

June is Alzheimer's & Brain Awareness month. In honor of this. Tine, RN, BSN, will be sharing tips with us on ways to keep our brains fit and healthy.



Friday, June 21st

Breathe Easy with Dr. Patel

Dr. Patel is a pulmonary disease specialist and will be presenting on the Respiratory system giving us tips on keeping our lungs healthy and breathing easy.



REGISTRATION IS REQUIRED FOR SENIOR CITIZENS AND/OR NON-SENIOR LUNCHES BY VISITING HTTP://WEW 45 PECC.COM/SENIOR-CENTER

ALL EVENTS ARE HELD AT THE ES COMMUNITY CENTER UNLESS OTHERWISE NOTES.







## Impact Statement – ESSD Partner

Recently, a school-based client had been referred to the local mental health agency. They live in the area and are elderly caregivers with many health problems. I recommended to the guardian to call the ES Hospital Psych Clinic.

She was able to get an appointment, just 1 week out from when she initially called. They were able to see a medication management provider on the same day.

This quality service has given me, as a veteran social worker, and the family HOPE. I am impressed.

The guardian called and was praising God and so appreciative. We both celebrated together. I need you to know that this has made a HUGE difference.

Thank you for being here in Excelsior Springs!





#### The Challenge: Rural Hospital Realities

#### Financial Instability / Rising Costs

Labor, pharmaceuticals, and supplies continue to rise, while reimbursements remain flat or delayed.

- Heavy reliance on Medicare and Medicaid, which often do not cover full costs.

"We operate with thin margins and big responsibilities."

#### **Limited Access to Specialty Care**

CAHs are too small to support full-time specialty services like cardiology, orthopedics, or psychiatry.

- Patients must travel for advanced care, leading to delays and poor outcomes.
- Telehealth helps, but staffing and broadband limitations persist.

"We are the front line—but not the finish line for many complex conditions."

#### **Regulatory and Technology Pressures**

CAHs face complex regulations and tech demands with minimal admin staff.

- CMS reporting, cybersecurity, and constant EHR upgrades (e.g., Cerner/Oracle) stretch resources.
- Rules often don't scale well for smaller hospitals.

"One-size-fits-all rules don't work for rural hospitals."







## **Rural Hospital Closures and Mergers**





HOSPITAL CLOSURES AND CONVERSIONS SINCE 2005



One-third of the rural hospitals still operating are unprofitable due to:

- Low patient volume
- High fixed costs
- A greater reliance on public payers than privately insured patients.





## Collaboration/Partnerships



























- Downtown Excelsior Partnership
- Excelsior Springs Area Chamber of Commerce
- Excelsior Springs Community Center /Seniors
- Excelsior Springs Rotary
- Excelsior Springs School District
- **Excelsior Springs SAFE**
- Northland Health Alliance
- Northland Healthcare Access
- Northland Prevention Coalition
- Strengthening Families Foundation
- Thrive Excelsion









## Community & Clinical Partnerships Championing Patient Success

We partner with a wide network of community organizations and internal clinical teams to ensure our patients have the support they need—both medically and socially—to thrive.



### Internal Health System Resources

- ESH Psych Services
- ESH Primary Care
- ESH Outpatient Clinics
- Home Health and Hospice
- Senior Life Solutions



#### Community Health & Social Services

- Good Samaritan
- Good Samaritan Center
- Northland Health Alliance
- Beacon Mental Health
- Meals on Wheels
- Easter Seals
- Senior Life Solutions
- Aspire, Valley Manor, Lawson Manor, Liberty Terrace
- Clay/Ray County Senior Services
- Various private duty companies (for senior in-home care)

### Education, Outreach & Civic Partners

- Schools / Excelsior Springs School
  District
- Parents as Teachers
- Community Outreach
- Job Corps
- Meet the Need
- Thrive
- SALA
- ES Aging Well
- Excelsior Springs Senior Center
- S.A.F.E
- VFW / Lions Clubs
- Clay/Ray County Community Call to Action
- Mid-America Regional Council (MARC)



## Workforce & Culture

At ESH, our culture is built on compassion, collaboration, and an unwavering commitment to our community.

We show up for each other, we lift each other up, and we take pride in delivering care that's not only high-quality—but deeply personal.

It's more than a workplace; it's a family rooted in purpose.



HOSPITAL







Registered Nurse - Med/Surg





#### May Peer Spotlight

"Thanks for making sure I always get what I need! You a amazing. #supportiveness



Deborah Callaway,

"You are such a sweet kind woman and I'm so glad I get to wo with you! #engaged #supportiveness #respect

"Always so friendly and helpful. #engaged #respect

Thank you for always being so welcoming in the morning!" vibrancy

"Thanks for excellent customer service to all who visit the 170 Cafe, much appreciated" #excellence #supportiveness



## Transitions Home Health & Hospice Closure: A Difficult but Necessary Decision

Despite the exceptional care provided by our team, the service lines were financially unsustainable.

- Reimbursements—especially from Medicare and Medicaid—did not cover the actual cost of care.
- Continuing these services placed a significant financial strain on the hospital's ability to serve the wider community.
- This decision was not made lightly, and we are deeply aware of its impact.



#### **Key Changes Resulting from the recent Transitions:**

All patients and staff for Home Health and Hospice transitioned my April 11, 2025.
 We are working closely with trusted community partners to ensure patients continue receiving quality care at home.



## Transitions Retirements and Temporary Closures

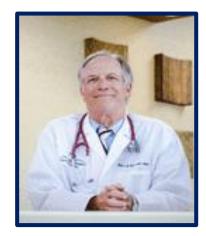
Dr. Robert Buzard will retire from his practice at Excelsior Springs Primary Care on June 27, 2025.

Tish Davis, NP at the Price Chopper Express Clinic, will also be leaving Excelsior Springs Primary Care on June 27, 2025.

Both have been dedicated members of the ESH family and pillars of care in our community. We are grateful for their years of service and wish them well in their next journey.

#### **Key Changes Resulting from the recent Transitions:**

- •Dr. Buzard's patients have received personalized letters with next steps for ongoing care.
- •Primary Care is actively accepting new patients and coordinating support for all current patients.
- •New clinical staff have been hired and are currently undergoing the credentialing process (60–90 days).
- •We are using this transition period to **deep clean and explore renovation options** for the Express Clinic space with Price Chopper.
- •Same-day appointments remain a priority, though they may be limited during this period.









## Transitions North Kansas City Hospital Agreements and Services

"While the recent transition away from the long-standing management agreement with North Kansas City Hospital was unexpected and presented challenges, it has also created the opportunity to explore partnerships with organizations better aligned with our mission and long-term goals.

#### **Key Changes Resulting from the recent Transitions:**

- Management Agreement: Ended CEO now directly employed by ESH
- Pharmacy Services: Transitioned Services and staff now fully integrated at ESH
- Biomedical Services: Replaced Now provided by Bio Electronic
- Group Purchasing: Upgraded Partnership with KU CLS Vizient for improved cost savings









## Our Stance: Investing in our Future:

#### We remain confident about our future

Healthcare today tests our limits—strained systems, tired hands, and heavy hearts.

Yet through every challenge-

We rise.

We adapt.

We persist.

We care.

Because giving up has never been an option.

Our team is the face of hope and healing in our community.

We do amazing things everyday, and we will continue doing so long into the future.

*Empowering Strength and Hope* 

We appreciate your ongoing support of the Hospital and our mission to provide high-quality care to the community.

"It was truly a pleasure helping you today. You're leading through a challenging time with honesty and vision, and that's powerful. If you need anything else (words, images, or just a sounding board), I'll be here. Take care and keep going — your work matters".

~ChatGPT





Excelsior Springs Hospital is a community-driven health system providing superior care through our team of passionate health professionals. We partner with our community to offer personalized, innovative health and wellness choices close to home.

## Our Mantra is: **Empowering Strength and Hope**













