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Vision

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Employee Sgt. Jerad Blocker shares honors with ESH

Excelsior Springs Hospital was recognized by the Missouri Employer Support for Guard and Reserve (ESGR) with a Freedom Award from the Secretary of Defense Employer Support. According to their website “ESGR facilitates and promotes a cooperative culture of employer support for National Guard and Reserve service by developing and advocating mutually beneficial initiatives.” The hospital was one of only 46 employers in Missouri to be recognized with this honor from employees in the Guard and Reserve.

Excelsior Springs Hospital was nominated by their employee, Sgt. Jerad Blocker. By being selected for the Freedom Award, Excelsior Springs Hospital will now be eligible for the Liberty Award, which is the top award for employers in the state.

Making the ceremony even more meaningful was the additional celebration of Sgt. Blocker from the Army National Guard. Sgt. Blocker retired after serving for 22 years in the service of the United States. Blocker, who plans to continue working for Excelsior Springs Hospital, was given a surprise party with some of his favorite treats on hand to share with the hospital staff. Blocker addressed



From left, Missouri Employer Support for Guard and Reserve Representative Bill E. Kidd, Excelsior Springs Hospital CEO Kristen DeHart, and Excelsior Springs Hospital and Army National Guard Sgt. Jerad Blocker.

those in attendance, thanking them for their support throughout the years.

“Thank you, this wouldn’t be possible if I didn’t have this support at home. In a sense, thank you to all of you as well... If we didn’t have the backing, like I have here, it wouldn’t be possible to have soldiers like myself,” said Blocker.

The representative from ESGR said he looks forward to working with Excelsior Springs Hospital in the future and helping them with other awards available from the Employer Support of the Guard and Reserve, such as the “Patriot Award,” “Above & Beyond,” “Seven Seals”, and more.

Good Day!

Summer is here and we are so excited for fireworks, hot temperatures and cool swimming pools. I hope that you were able to celebrate a safe and Happy Fourth of July! I could “hear/feel” that people are enthusiastically back outdoors, socializing and sharing their fireworks with us all! It was a great show this year!

Our Health Care Foundation’s Golf Tournament was held on June 3, 2022. This was the Foundation’s 30th annual tournament. We picked the best day! The staff at the Excelsior Springs Golf Club were amazing! My special thanks to Christine Riegel, Foundation Coordinator and the team of volunteers that helped make the day so perfect. We are so appreciative of our sponsors and all that helped make the day a great day!

We were excited to participate with both Excelsior Springs and Lawson Communities as sponsors at both WaterFest and the Lawson Picnic, the best of summer events. It was great to see so many people out and about, celebrating traditions that go back many years.

We will soon be introducing you all to our newest physicians; adding Pediatrics, enhanced Dermatology services, additional Primary Care services and Nephrology. Each day, we are continuing to assess our community needs as we build on our service line development and medical staff.

And lastly, we are joining hands with our community partners - actively discussing the recent shootings that seem to be coming more frequently and closer to home. ESH is partnering with the Excelsior Springs Police, Fire, EMS and School District to review our protocols, discuss strategies



Kristen DeHart, CEO, Excelsior Springs Hospital

and partner together to assure that our communities remain safe if, or when one of these events happens nearby. I am honored to work beside Chief Maddick, Chief Dull, Dr. Hux and their teams, as we process the plans for our community’s safety. I am honored every day to represent this hospital and continue to be inspired by the commitment and compassion shared by our staff and medical team. We are proud to be a part of this community and are here for you.

Thanks always for your support.

Kristen DeHart

PEER SPOTLIGHT

FELISHA SUMMERS

Administrative Assistant, Home Health & Hospice



- *Thanks for all you do, you are appreciated!*
- *Thank you for continuing to help me learn. You are the best.*
- *Thank you for all you help. I appreciate it!*
- *You are the best to work with and I appreciate you.*

ESH Accomplishments Presented in Annual Report

During the May 18, 2022 City Council meeting, Excelsior Springs Hospital CEO Kristen DeHart presented the activities, accomplishments, and financial information from the past fiscal year of 2021.

After seeing substantial losses from year's past, it was announced last May that the financial situation for the hospital, under the advisement of Chief Financial Officer Cameron Meyer and his team, had developed a "roadmap to restore financial stability." Even when under financial stress from the pandemic, by consistently following the plan, they cut the hospital's annual losses in half and achieved 20% growth in operating revenue during the first half of the quarter.

The hospital started seeing positive operating margins for the first time in many years.

A large part of the turnaround implementation has been with recruiting and retaining incredible staff. New additions and roles this year included a new director for Senior Life Solutions, Ethan Kent; Laboratory Manager Frank Sanchez; En-

vironmental Services Manager, John Freeman, Clinic and Community Education Coordinator Tina Cook; SAFE Director Julia Mees; and Dietician Kate Casey.

As part of their growth initiative, Hospitalist Dr. Anisea Slack; Pulmonology Dr. Samir Patel; Rheumatology Dr. Neha Chaudhry; and Lawson Primary Care Family Nurse Practitioner Jana Murphy were also added to the team. Changes in leadership included welcoming Mike Anderson with Chuck Anderson Ford and Jeanine Stubbs with Four Horses and a Dog to the Board of Trustees.

The report includes the addition of new outpatient and clinical specialties, community partnerships, primary care growth, and retail pharmacy. The Board of Trustees generously approved over \$9 million in expenses towards Equipment, Programming/Resources, and Upgrading the Physical Plant for the hospital and its affiliated businesses.

To see the report in its entirety, visit <https://eshospital.org/annualreport>.

ESH Celebrates

500th Da Vinci Robotic Surgery



On May 16, 2022, the Excelsior Springs Hospital celebrated the 500th Da Vinci Robotic Surgery. Surgeon Dr. Douglas Nespory, second from left, and the Surgery team were recognized for their success by hospital CEO Kristen DeHart and Tim Pence, Hospital Board of Trustee President.

JULY

Health & Wellness

★ ★ ★

Tuesday, July 19th - 11:30 am

Safeguarding Against Financial Abuse
Presented by Greg Broadbent

Friday, July 22nd - 11:30 am

Mobility Aids: Types, Benefits and Use
Presented by Christy Marker, Director of Rehabilitation

Monday, July 25th - 11:30 am

Heat Safety for the Older Adult
Presented by Collette Culver,
Director of Emergency Preparedness



All Classes held
at the ES
Community Center



WATERFEST

EXCELSIOR SPRINGS, MO



SPECIALTY PHYSICIAN CLINICS - JULY 2022

We encourage patients to call 816-629-2700 prior to your scheduled appointment.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				7 Pain Management - Dr. Hamilton Urology - Dr. Aberger Urology - Dr. Kozminski
4 	5 Rheumatology - Dr. Chaudhry	6 GI Clinic - Dr. Cornette	7 Podiatry - Dr. Shemwell Pulmonary - Dr. Patel	8 Pain Management - Dr. Hamilton
11 Cardiology - Dr. Madrigal Oncology - Dr. Beeki Pain Management - Dr. Hamilton Surgery - Dr. Nespory	12 Rheumatology - Dr. Chaudhry Orthopedics - Dr. Walker	13	14 Orthopedics - Dr. Justice Podiatry - Dr. Shemwell	15 Pain Management - Dr. Hamilton
18 Pain Management - Dr. Hamilton Surgery - Dr. Nespory	19 Rheumatology - Dr. Chaudhry	20 GI Clinic - Dr. Cornette Urology - Dr. Aberger	21 Orthopedics - Dr. Cornett Podiatry - Dr. Shemwell Pulmonary - Dr. Patel	22 Pain Management - Dr. Hamilton
25 Oncology - Dr. Beeki Pain Management - Dr. Hamilton Surgery - Dr. Nespory	26 Orthopedics - Dr. Walker Rheumatology - Dr. Chaudhry Urology - Dr. Kozminski	27 GI Clinic - Dr. Cornette	28 Podiatry - Dr. Shemwell	29 Pain Management - Dr. Hamilton Pulmonary - Dr. Patel



Easily Transfer Prescriptions
816-629-3667

EXCELSIOR SPRINGS
COMMUNITY PHARMACY



BIPOC OLDER ADULT MENTAL HEALTH

Did you know that age and race play a role in our mental health?

- The **American Psychological Association (APA)** says that "late-life events such as chronic and debilitating medical disorders, loss of friends and loved ones, and the inability to participate in once-cherished activities can take a heavy toll on an aging person's emotional well-being."
- **MedicalNews Today** reports that experiencing or witnessing racism can increase the risk of chronic disease and mental health conditions.
- Therefore, members of the BIPOC Older Adult community struggle with stress brought on by race and age.

Let's look at the **APA's** suggestions on how we can help support the mental health journey of BIPOC Older Adults in our community:

- **Become a safe space to talk.** Learn to listen with empathy. Provide opportunities to discuss race, age, culture, and other factors that may impact their mental health.



- **Find ways to celebrate culture.** Encourage activities celebrating the person's culture, history, life, and customs.
- **Find ways to understand.** Aim to understand the lens through which individuals view their experiences.

Contact our program today for more information on how to care for BIPOC Older Adults in your local community.



EXCELSIOR SPRINGS HOSPITAL

Senior Life Solutions®

WE ARE YOUR HOSPITAL'S PROGRAM

We are your hospital's program, designed to meet the unique needs of individuals typically 65 and older experiencing depression and/or anxiety related to life changes that are often associated with aging.

CONTACT US

If you or someone you know could benefit from this program, don't hesitate to get in touch with us. Call us today.

816-629-2629