

February
2022



Vision

A Publication of Excelsior Springs Hospital | Excelsior Springs, MO



Page 3
**Hospital Welcomes
New Board Members:
Mike Anderson and
Jeanine Stubbs**

Also in this issue:

New Hospital Board Members
Peer Spotlight
Health and Wellness Calendar
Outpatients Clinic Calendar

State of the Hospital 2022

Healthcare in Excelsior Springs

If we have not yet met, allow me to introduce myself. My name is Kristen DeHart. I am honored to represent the Excelsior Springs Hospital as your City Hospital's Chief Executive Officer. This past year was an amazing one for our ESH family. While we continue to deal with COVID in our community, we continue to grow and thrive as an organization. COVID has now directly affected many of our staff and family members, but we will not allow it to control us. We have so many good things to share, including a very favorable State of the Hospital update, shared last week with our Department Leads and Executive Team members.

While 2021 continued to add complexity and color to our operations, I am so proud of our team and their tenacity, flexibility and willingness to do whatever it took to keep our doors and our services available for our community. Better than keeping the doors open, Excelsior Springs Hospital and its service lines have had a phenomenal year. Today, I want to highlight some of our top projects and wins.

ESH moves from Survive to Thrive

- During 2021, the addition of CARES funding, both in loans, and grants afforded the hospital funding to get the much-needed repairs completed as well as completing the physician clinic and retail pharmacy spaces at the hospital. These service lines were opened at the hospital in 2020 and continue to grow into the services that we envisioned. We are thrilled to Partner with North Kansas City Hospital for pharmacy services. With



the announcement of the Monroe pharmacy closures in both Lawson and Excelsior Springs, the pharmacy team has been incredibly responsive to the additional needs in our community and we are excited for this venture.

- Also in 2020, the hospital launched its community health plan to lower insurance costs for subscribers and to lower the cost of healthcare for community employees and residents. For a second year in a row, our employees saw no increases in their health care out-of-pocket expenses and continue to have access to amazing healthcare. During a pandemic year, providing cost savings to

Continued Page 2

State of the Hospital Continued from Page 1

our employees is phenomenal. We are excited to share this plan with others in our community.

- Our Finance team continues to negotiate with commercial insurance payors to enhance the payments that the hospital receives for services. Updates to these agreements are long-overdue and will provide improved reimbursement for services that are offered without adding more expenses to our customer. The financial improvements, additional clinics and volumes have improved the hospitals net patient revenues by 37% over last year.

- Our new clinic in Lawson was completely gutted, renovated and opened in July, right on schedule to provide wonderful healthcare options for our Lawson community. We continue our work with the Rural Health Clinic application, which will be improve access to care and bring more service offerings to Lawson, Clay and Ray Counties.

- The Excelsior Springs Home Health and Hospice teams acted quickly on their growth plan by increasing staffing to accommodate a nearly 50% increase in patient referrals as a large, local agency announced their closure in July. This team is on a phenomenal growth track and is excited to implement a new electronic health record system this year.

- The hospital has continued to grow its service lines, with extended Pain Management and Rheumatology, new Pulmonology and Urology Clinics. Just in time to manage an influx of critically ill patients needing care, Dr. Aniesa Slack joined our team as the Lead Hospitalist. Dr. Slack has been an incredible resource for our patients and staff, providing amazing care and education to our staff. Our Specialty Clinic volumes increased in every service line, with nearly a 5% increase in volumes over the past year. This tells me that we are growing in our commitment to bringing specialty services and quality care to our community.

Investing in our Future

While the hospital continues to exercise extreme caution with spending, the Board of Trustees has continued to provide incredible support and guidance over the year. Throughout 2021, we appreciate the ESH Board of Trustees support and approval of equipment, programs, and upgrades throughout the hospital. Upgrades to our physical plant, security, programming and equipment im-

proved the operational efficiencies. These investments confirm the Board's continued commitment to our community and our employees by investing in our future. Future areas of focus include improving our workspaces and investing in technologies.

Community Partners

We continued to coordinate with our Community Partners through Zoom and Teams – our engagement with Clay County Public Health, the City of Excelsior Springs and countless calls with the State and local leaders. The addition of Tina Cook, Clinical and Community Educator was welcomed by all. Tina works from both the hospital and the Excelsior Springs Community Center to provide education programs to our staff, and members of the community. Our partnership with North Kansas City Hospital continued to allow us to provide COVID vaccinations, COVID Booster doses and COVID testing. We appreciate our connections with the Excelsior Springs SAFE, School District and our partnership with the ES Community Center, offering memberships to all of our ESH employees. These associations continue to strengthen our community health plans and we are excited to continue our work with all.

The Future of Rural Health meets Excelsior Springs Hospital - a Bigger Picture is our Picture

Hospitals and Health Centers across the country continue to struggle in the new year. Communities need hospitals to maintain the physical, emotional and economic well-being for Missourians. We recognize our importance as we take our place in community initiatives. With a growing national shortage of physicians and nurses, competition pulling at every opportunity to transport patients right down the highway and challenges affecting our hospital operations every day, how does our healthcare rate in Excelsior?

- Excelsior Springs has excellent health options right here, available to our community members without leaving the city limits. We have multiple providers in the community with diverse backgrounds, all very dedicated to our community and our needs. We are so fortunate to have access to our healthcare partners and the resources that

Continued Page 4

New Board Members bring fresh perspective

“ I feel very strongly that our Hospital plays a vital role in our Community. With the pandemic, I feel the Hospital is even more important to us all. I look forward to being part of helping the Hospital continue to meet the needs of Excelsior Springs residents as well as the surrounding communities. The Hospital has made great strides in the last 3 years. It is exciting to be a part of a board that is progressive and taking on new challenges. ” **Mike Anderson**



“ I look forward to supporting the future planning and decision making process of the hospital as it continues to strive to bring excellent healthcare choices to the residents of Excelsior Springs and surrounding communities. ” **Jeanine Stubbs**

PEER SPOTLIGHT

- *Your kind words and support are always appreciated.*
- *Thanks for helping us in the Emergency Room.*
- *Thank you for being so kind, supportive, understanding and helping me get the job done.*
- *Thanks for helping out other departments when they are short of nurses.*



Lindsay Berry

State of the Hospital Continued from Page 2

are available right here or at a reach to the affiliate hospitals spanning into the Kansas City Metro and have built on those relationships throughout this year.

Our healthcare options are critical to the health and well-being of the community. Access to healthcare is important for our aging population, but also a driving force for new families looking to live in Excelsior. Having access to immediate services cannot be argued when emergencies occur. Care that is closer to home is not only convenient, but improves quality of services, responses to treatments and a faster recovery time.

The future of healthcare continues with multiple challenges. I am confident that we will weather the storm and continue to build on our service offerings to Excelsior Springs and the surrounding communities. What sets us apart from others? Our employees. Our team is engaged, strong,

resilient and ready to tackle any challenges that it faces. We appreciate the work of our Cheers for Peers and Rise to Shine Committees, and recently introduced, our new “Everyone Shines Here” recognition program. These programs, in addition to rewarding our staff with additional benefits for 2022 have shown our love, appreciation and commitment for the dedication that staff have and shown and continue to demonstrate every single day.

I commit to our community the following for 2022:

- Your Excelsior Springs Hospital will continue to respond to the needs of our community. We have been a part of this great community for nearly 120 years. We continue to evolve, and welcome new approaches, technologies and ideas.

- Your ESH Emergency room is available 24/7 for emergency services, provided by board certified physicians that are local and committed to your care.

- Our hospital will continue to build on its partnerships, telehealth initiatives, discussions with executive leaders and physician specialists affiliated with Excelsior Springs Hospital, North Kansas City Hospital, Liberty Hospital, the University of Kansas Health System, HCA and others to offer the highest level of care.

- We will remain committed to being available and open to new patients and those in transition while working to add new insurance contracts and payment options.

Lastly, if you have thoughts about healthcare that you would like to discuss any of our services, I would like to hear your stories. After the year that we have experienced, I have no doubt that this ESH team is ready to meet any challenge, with eagerness, enthusiasm and compassion. Many stories I hear are so very positive and enlightening. Please feel free to contact my office at 816-629-2775. If you haven't toured our hospital, I encourage you to stop by. We are proud of our community, our hospital and our services. We are committed to improving the health of Excelsior Springs and our surrounding communities.

Kristen DeHart

Chief Executive Officer
Excelsior Springs Hospital



11th Advancements in Pain Management - Presented by Dr. Hamilton, 11:30 AM

17th Healthy Habits with Dietician Kate Casey, 6:30 PM

18th Teaspoon of Wellness: Fight the Winter Blues - Presented by Tri-County, 10:30 AM

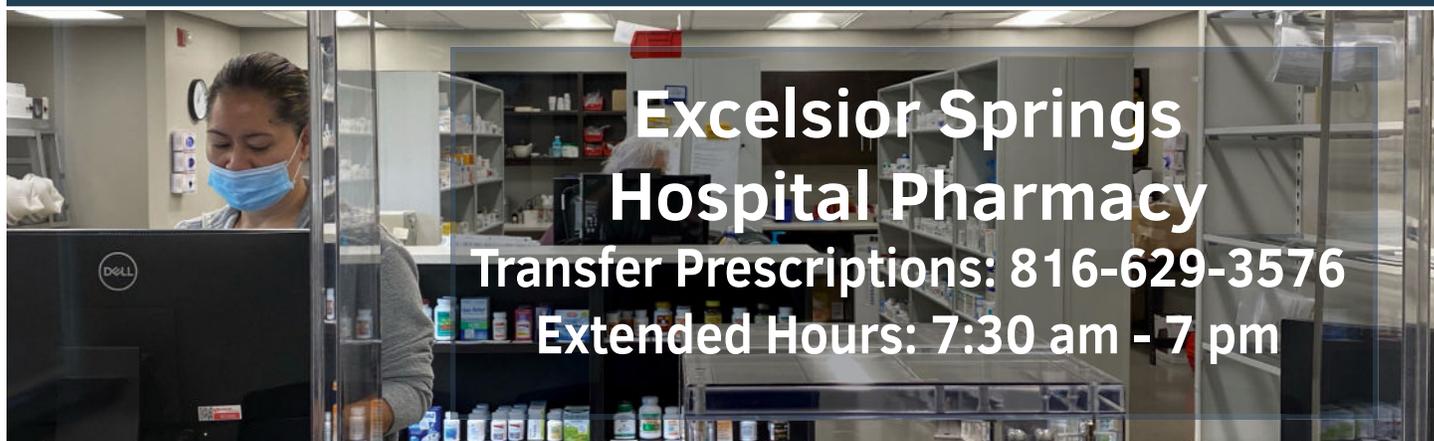
23rd NKC Wound Center: Comprehensive Care for Hard to Heal Wounds, 11:30 AM

All classes will be held at the
Excelsior Springs Community Center
500 Tiger Drive

SPECIALTY PHYSICIAN CLINICS - FEBRUARY 22

All clinics are subject to change due to the recent COVID-19 pandemic.
We encourage patients to call 816-629-2700 prior to your scheduled appointment.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 ENT - Dr. Coffman Rheumatology - Dr. Chaudhry Rheumatology - Dr. Scott	2 GI Clinic - Dr. Cornette Dermatology - Dr. Tonkovic	3 Orthopedics - Dr. Cornett Podiatry - Dr. Shemwell Pulmonary - Dr. Patel	4 Pain Management - Dr. Hamilton Urology - Dr. Aberger
7 Cardiology - Dr. Maragos Oncology - Dr. Beeki Surgery - Dr. Nesporý	8 Rheumatology - Dr. Chaudhry Rheumatology - Dr. Scott	9 Urology - Dr. Kozminski	10 Orthopedics - Dr. Justice Podiatry - Dr. Shemwell Pulmonary - Dr. Patel	11 Pain Management - Dr. Hamilton
14 ❤️ Pain Management - Dr. Hamilton Surgery Clinic - Dr. Nesporý	15 ENT - Dr. Coffman Rheumatology - Dr. Chaudhry Rheumatology - Dr. Scott	16 GI Clinic - Dr. Cornette Urology - Dr. Kozminski	17 Orthopedics - Dr. Cornett Podiatry - Dr. Shemwell Pulmonary - Dr. Patel	18 Dermatology - Dr. Tonkovic Pain Management - Dr. Hamilton Urology - Dr. Aberger
21 Cardiology - Dr. Madrigal Oncology - Dr. Beeki Surgery - Dr. Nesporý	22 Rheumatology - Dr. Chaudhry Rheumatology - Dr. Scott	23 GI Clinic - Dr. Cornette	24 Orthopedics - Dr. Justice Podiatry - Dr. Shemwell	25 Pain Management - Dr. Hamilton Pulmonary - Dr. Patel
28 Pain Management - Dr. Hamilton Surgery Clinic - Dr. Nesporý				



We love our
ES Hospital
couples!



Dr. Douglas & Cheryl Nespor



Jerad & Casey Blocker



Dr Brad & Kelli Hoffman



Aaron & Mallarie Collins



Dr AJ Strickland & Dr Anisea Slack