

MAY  
2021



# Vision

A Publication of Excelsior Springs Hospital | Excelsior Springs, MO

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Anderson**



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## Excelsior Springs Hospital

# “Hero” named for financial turnaround

During the Excelsior Springs Hospital Board of Trustees’ meeting in April something unusual happened during Chief Financial Officer Cameron Meyer’s report. Before starting, the door opened and close to 40 people who work in the financial sector of the hospital came filing into the room. They were prepared to hear a very important update that their supervisor’s report to the Board.

Cameron started out describing his scenario when he stepped into the position just three years ago. He found that the hospital was operating at a substantial loss each year. Accepting the challenge as an opportunity, Cameron partnered with the Board and hospital leadership to develop a roadmap to restore financial stability. He referred to this roadmap as “survive, sustain, thrive.”

The 2019 fiscal year was perhaps the hospital’s most challenging, as a result of sustained million-dollar losses for several previous years. Despite these challenges, by consistently following the financial roadmap, Cameron’s guidance enabled the hospital to provide increased healthcare ser-



Cameron Meyer, ESH CFO, and Kristen DeHart, ESH CEO

vices to the community in fiscal year 2020 while achieving 10% growth in operating revenue and cutting the hospital’s annual losses in half.

Cameron was thrilled to report to the Board and staff, an additional 20% growth in operating revenue during the first half of fiscal year 2021, resulting in positive operating margins for the first time in many years. Keeping this in perspective

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## Good Day!

May is such a great time to be in healthcare, especially at Excelsior Springs Hospital!

We celebrate National Nursing Week and National Hospital week during May. It was great to be able to be back in person as we celebrated with staff and recognized our five, ten, fifteen, twenty and twenty-five years of service providers. Collectively, this special group represents over 500 years of service!

Additionally, what an honor for the Excelsior Springs Mayor, Sharon Powell to recognize both events by reading a proclamation at the City Council Meeting. We are so blessed to be surrounded by community members that support our mission and recognize the work that our team is doing.

Excelsior Springs Hospital continues to bring on additional medical providers and specialists to our outpatient clinics. Our commitment to our community is to bring access to care for all communities that we serve. We are excited to introduce these new providers to you all in the upcoming months.

I specifically want to thank our Rise to Shine Committee. This team has brought such joy to our employees with perfectly planned events, wonderful recognition and celebrations that



Kristen DeHart, Hospital CEO

embrace our appreciation for the work that our team members rise to do every single day. Thank you.

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### **“Hero” named** continued from page 1

Cameron shared, “There is no mission without margin. As a municipal, not-for-profit Critical Access Hospital, our fundamental purpose is not to simply ‘make money’. Our fiduciary responsibility is to achieve sustainable financial operations, for the purpose of expanding access to quality healthcare in our community, investing in our employees, providing medical equipment to improve patient outcomes, maintaining appropriate infrastructure required for compliance, and continuing to meet all covenants to service our long-term debt.”

“I knew we would get through it!” Cameron stated, after receiving applause from his staff in celebration of their achievements. “We have now achieved sustainability and are ready to thrive.”

“We look forward to being able to give back to the community in all of the ways Cameron has outlined,” Chief Executive Officer Kristen DeHart said. “We are continually looking for ways to partner with and support our community stakeholders and improve access to care for our patients.”

# Hospital welcomes Dr. Hannah Anderson

Dr. Anderson trained at Truman, where there were many patients that are uninsured. Healthcare can be a challenge with or without health insurance. One story that sticks out to her in particular was when she was helping a Hispanic woman who was in late stage liver disease. Dr. Anderson worked closely with her and her family to get the care that she needed.

She became a doctor because many of her family members already had a career in the medical field. She grew up overseas and originally studied journalism. It wasn't until she was on her Christmas Break in Kenya volunteering at a pediatric clinic that she felt it was most important to be able to see a need and address it.

When asked what made her come to ES, Dr. Anderson replied that she has experience working with other critical access hospitals, including the ER. She's going to work to provide services needed to keep cardiac patients here. She wants to be able to do more stress tests on patients, instead of having them transferred.

Dr. Anderson had a Fellowship in Obstetricians and hopes to be able to offer more services in the



*New Hospitalist at  
Excelsior Springs  
Hospital*

**Dr. Hannah Anderson  
will be joining us as  
an inpatient hospitalist  
and caring for  
our patients PRN on  
the inpatient wing.**

future to families in helping them with their care. Dr. Strickland also mentioned that the community survey showed a need for these services, which they are hoping to fulfill.

Dr. Hannah Myrick Anderson graduated from the University of Kansas School of Medicine and completed residency in Family Medicine at the University of Missouri Kansas City. She now lives in Blue Springs with her husband, Max, and her three children aged 5, 3, and 5 months old and their two cats.

*Register  
Online By  
May 28th!*

**30TH ANNUAL  
GOLF TOURNAMENT  
FRIDAY, JUNE 4, 2021  
New Golf Ball Drop Event,  
Silent Auction and Prizes!**

To register, purchase a-la-cart items, make a bid on an auction item, donate or be a sponsor, visit <https://eshospital.org/golf-tournament/>

# Lawson Primary Care Clinic expands into Downtown Business District



With continued expansion, the Excelsior Springs Hospital's Lawson Primary Clinic took the opportunity when it was given to purchase the old Lawson Family Practice building on Main Street in Lawson's downtown business district. The space, which was used as Dr. Cantrell's practice previously, will be renovated both inside and out, offering a larger clinical space.

With the clinic being on the Main Street for Lawson's downtown, both the mayor and city manager were in attendance for the kickoff in April when hospital leaders came together to start renovation. City Manager Matt Nolker commented on the benefits it will bring the community saying, "It's going to allow the hospital to expand health services in the community and help revitalize our downtown."

The move is also in line with the expansion that the hospital has begun, offering more rural area citizens with direct healthcare services. Lawson Primary Care Family Nurse Practitioner Chris Wier looks forward to practicing in the new space and that it holds special meaning to him having grown up there stating, "This move will provide more opportunities for healthcare to Lawson area citizens. This will allow us to move specialists in so that residents won't have to leave the community for quality healthcare."

For more information and a video on the start of construction, visit our website at [eshospital.org](http://eshospital.org).

## **Good Day!** continued from page 2

As always, I would love to hear from our community members and invite you to call, email or let me know of any questions you might have about the hospital and our services. We are busier than ever and appreciate your support of our Excelsior Springs Hospital.

My best wishes for a safe and happy Memorial Day.

*- Kristen DeHart*



# Excelsior Springs Hospital Pharmacy Transfer Prescriptions by Calling 816-629-3576

## SPECIALTY PHYSICIAN CLINICS - MAY 2021

All clinics are subject to change due to the recent COVID-19 pandemic.  
We encourage patients to call 816-629-2700 prior to your scheduled appointment.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Cardiology - Dr. Madrigal Oncology - Dr. Beeki Surgery Clinic - Dr. Nesporý	<b>4</b> ENT - Dr. Coffman Rheumatology - Dr. Scott	<b>5</b> Dermatology - Dr. Tonkovic GI Clinic - Dr. Coleman	<b>6</b> Orthopedics - Dr. Cornett	<b>7</b> Pain Management - Dr. Hamilton Urology - Dr. Aberger
<b>10</b> Surgery Clinic - Dr. Nesporý	<b>11</b> Rheumatology - Dr. Scott	<b>12</b> GI Clinic - Dr. Coleman Urology - Dr. Kozminski	<b>13</b> Orthopedics - Dr. Justice Podiatry - Dr. Shemwell	<b>14</b> Pain Management - Dr. Hamilton
<b>17</b> Cardiology - Dr. Madrigal Surgery Clinic - Dr. Nesporý	<b>18</b> ENT - Dr. Coffman Rheumatology - Dr. Scott	<b>19</b> GI Clinic - Dr. Coleman	<b>20</b> Orthopedics - Dr. Cornett Podiatry - Dr. Shemwell	<b>21</b> Pain Management - Dr. Hamilton Urology - Dr. Aberger
<b>24</b> Surgery Clinic - Dr. Nesporý	<b>25</b> Rheumatology - Dr. Scott	<b>26</b> GI Clinic - Dr. Coleman Urology - Dr. Kozminski	<b>27</b> Orthopedics - Dr. Justice Podiatry - Dr. Shemwell	<b>28</b> Dermatology - Dr. Tonkovic Pain Management - Dr. Hamilton
<b>31</b> Surgery Clinic - Dr. Nesporý				



# MAY IS MENTAL HEALTH AWARENESS MONTH



The global pandemic forced us to cope with situations we never even imagined, and a lot of us struggled with our emotional health as a result.\*

## One in Four Older Adults Report Anxiety or Depression Amid the COVID-19 Pandemic\*

**Remember, your emotional health matters.**

Emotional health is no different than physical. If you or someone you know is struggling with anxiety or depression, we may be able to help. Call Senior Life Solutions today.

816-629-2629



\*MHA Mental Health Month Toolkit (2021). One in Four Older Adults Report Anxiety or Depression Amid the COVID-19 Pandemic. Retrieved from kff.org. (2020, October 9).