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# Excelsior Springs Hospital

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# Vision

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## Enhanced surgical system improves procedures

Congratulations to the surgical teams at ESH for performing the 200th da Vinci Robotic Surgery in June. ESH began offering the comprehensive robotic-assisted surgery program on July 30, 2019. It has attracted attention from new specialists, including Gynecology and Urology.

“In performing our 200th da Vinci surgery, we have exceeded our expectations in less than a year,” said Kristin DeHart, Hospital CEO.

The da Vinci surgical system helps enable your surgeon to perform minimally invasive surgery with an advanced set of instruments and a 3D high-definition view of the surgical area.

ESH presented the robotic surgery equipment to the public during an open house held October 29, 2019, pictured right.



## ESH takes on Parkinson in a **BIG** and **LOUD** way

Excelsior Springs now offers LSVT BIG & LOUD Parkinson Disease Therapy.

LSVT LOUD is a scientifically documented efficacious program for treating the voice and speech disorders in patients with Parkinson Disease.

LSVT BIG is the intensive, amplitude focused physical and occupational therapy component.

If you think you or a loved one would benefit from one of these programs, contact our Rehabilitation Department at 816-629-2772.

## Lawson Clinic now accepting new patients

ESH Physician Clinic in Lawson is now accepting new patients. The clinic, located at 613 W. 6th Street, provides family medical care Monday through Friday, 8 a.m. to 4:45 p.m.

Clinic care is provided by Chris Wier, FNP, who began working at the clinic in 2014. Chris, a native of Lawson, is certified for DOT physicals in addition to adult and pediatric care.

To schedule an appointment at the clinic, call 816-580-0055.

*We Are GROWING!*

## Three new clinical physicians join ESH team



**Dr. Dennison Hamilton**

Excelsior Springs Hospital is pleased to announce three new specialized services in the Outpatient Clinics.

**Dr. Dennison Hamilton** is an Occupational Medicine Specialist in the Kansas City area and has over 39 years of experience in the medical field. He graduated from University of Kansas/School of Medicine medical school in 1981. Dr. Hamilton now provides **Interventional Pain Management** at the Excelsior Springs Hospital Outpatient Clinic.

Interventional Pain Management is a method which utilizes pain blocking techniques to help make day to day activities less difficult, and effectively restore quality of life for patients.

Our Interventional Pain Management Clinic will be available weekly every other Friday.



**Dr. Marija Tonkovic-Capin**

**Dr. Marija Tonkovic-Capin** is a Board-Certified Dermatologist that specializes in **Cosmetic Dermatology, Dermatologic Oncology, and Dermatologic Care**. She received her medical degree from the University of Zagreb School of Medicine in Croatia. She completed an internship and her residency in Dermatology at the University of Kansas Medical Center, Kansas City, KS. Dr. Tonkovic is excited to bring over 24 years of experience to the Excelsior Springs area.

Our Dermatologist can spot potential problems and diagnose a multitude of conditions that range from minor to life-threatening, in the lives of patients of all ages. Regular skin exams can identify lesions that might be cancerous or precancerous and are key to maintaining health skin.

Dr. Tonkovic-Capin is available for Dermatology consultations and procedures every other Friday.



**Dr. Avon Coffman**

**Dr. Avon Coffman** is a Board-Certified **Otolaryngology (Ear, Nose & Throat)** Specialist in the Kansas City area. He did his residency at Walter Reed National Military Medical Center and graduated with honors in 1976. Dr. Coffman has been practicing for 36 years and has more than 44 years of experience. He is well respected by the Excelsior Springs Hospital medical staff.

Our physicians use the latest technology and medical therapy to diagnose and treat ear, nose and throat problems in children and adults.

Dr. Coffman will offer an Ear, Nose and Throat Clinic on the first and third Tuesdays of each month.

**Call 816-629-2700 to schedule an appointment in our Outpatient Clinic for any of these services.**

## Foundation welcomes two to the board

The Excelsior Springs Health Care Foundation has added two new citizens to the now eighteen member board. Bill Westerheide and Jeanine Stubbs were both appointed to the board to oversee the financial interests of the hospital. We took a minute to sit down with each of them and learn more about the progress that lies ahead.



**Bill Westerheide** has acted as the General Manager for Westlake Hardware here in Excelsior Springs for the past three and a half years. During this short time, Bill has already become an important part of the organizations that he represents. Bill is currently serving as a member of Excelsior Springs Rotary, member of the Elks Lodge, and is on the path to become President of the Excelsior Springs Chamber in 2022.

With an October wedding being held off due to COVID, Bill and his fiancée Julia close on a house next Thursday and look forward to being a resident of the community. “When Julia told me that she wanted to live somewhere that she could be a part of the community, I told her, ‘I know a place,’ said Bill. “If you have a willingness to get involved, this community will embrace you. This is our forever home.”

In comparing communities where Bill has worked before he says, “Excelsior Springs is different. People here want to know who they’re buying from. In the city, people come in and out of the store to just get what they need and move on. In Excelsior, they want to get to know you. I used to joke that I might have to put a checkerboard up out front because people want to just sit down and talk.”

In speaking with **Jeanine Stubbs**, it was learned that her entire career has been in the pharmaceutical industry. She started as a dental hygienist, earned her masters degree in business, and for the last 28 years has been working in pharmaceuticals. In addition to this, she and her husband Stephen have opened the Four Horses and a Dog Winery on their property off of Salem Road.



Four years ago, the couple started with a tasting room and since that time they’ve added a covered deck and finished the back half of their tasting room, doubling their space. They’ve also added a separate building to house the steel tanks that will age the wine. Their patio space allows for plenty of social distancing and is a favorite stop on the Chamber’s Trolley Wine Tours. The winery participates in the DEP’s annual wine festival and sits on the Chamber’s trolley committee throughout the year. Stephen is currently serving as the Chamber’s President.

Both of the new board members are looking forward to being involved more by serving and doing what they can to help with the health initiatives that are underway in Excelsior Springs. For more information on the foundation or how to get involved, please visit their page on the hospital’s website at [eshospital.org](http://eshospital.org). To make a donation, please visit [eshospital.org/donate](http://eshospital.org/donate).

# ESH virtual care through Telehealth Services

Excelsior Springs Hospital now provides virtual care, also known as telehealth, to connect patients face to face with their provider using a smart device, while allowing them to stay at home. In many cases, telehealth offers no out-of-pocket expenses. Check with your insurance provider for any limitations.

Schedule a virtual appointment by calling one of our Primary Care Physicians or Express Clinic:

Dr. Buzard	(816) 630-6722
Dr. Pickett	(816) 637-8900
Lawson Clinic	(816) 580-0055
Express Clinic	(816) 637-2050



*Do you want to make a difference?*

## Share your ESH health care experience

We are looking for patients or a family member of a patient to share their health care experiences, both positive and challenging, to help us provide exceptional care to every patient. Patient and family feedback are essential to the improvement of patient experiences, safety and concerns at Excelsior Springs Hospital.

As a member, your input could potentially influence future hospital initiatives related to patient experience.

For more information on the Patient & Family Advisory Committee and how to obtain an application, visit: [eshospital.org/patients-visitors/patient-family-advisory-committee/](http://eshospital.org/patients-visitors/patient-family-advisory-committee/).



If you can't be here to deliver a card to your family or friend personally, there's a way to let them know you're thinking of them.

This free service allows you to type a personal message on the greeting card of your choice using our online card selection form.

*Visit our website for details!*

# SPECIALTY PHYSICIAN CLINICS - AUGUST 2020

## Monday

- 03** Surgery Clinic - Dr. Nespory
- 10** Cardiology - Dr. Maragos  
Surgery Clinic - Dr. Nespory  
Oncology - Dr. Beeki
- 17** Surgery Clinic - Dr. Nespory
- 24** Cardiology - Dr. Madrigal  
Surgery Clinic - Dr. Nespory  
Oncology - Dr. Beeki
- 31** Surgery Clinic - Dr. Nespory

## Tuesday

- 04** ENT - Dr. Coffman
- 11** Rheumatology - Dr. Scott
- 18** ENT - Dr. Coffman  
Rheumatology - Dr. Scott
- 25** Rheumatology - Dr. Scott

## Wednesday

- 05** GI Clinic - Dr. Coleman
- 12** GI Clinic - Dr. Coleman  
Cardiology - Dr. Boerkircher
- 19** GI Clinic - Dr. Coleman
- 26** GI Clinic - Dr. Coleman  
Cardiology - Dr. Bapoje

## Thursday

- 06** Orthopedics - Dr. Justice  
Podiatry - Dr. Shemwell
- 13** Orthopedics - Dr. Cornett  
Podiatry - Dr. Shemwell
- 20** Orthopedics - Dr. Justice  
Podiatry - Dr. Shemwell
- 27** Orthopedics - Dr. Cornett  
Podiatry - Dr. Shemwell

## Friday

- 07** Interventional Pain - Dr. Hamilton
- 14** Dermatology - Dr. Tonkovic  
Spine/Pain Clinic - Dr. Montone
- 21** Interventional Pain - Dr. Hamilton
- 28** Dermatology - Dr. Tonkovic  
Spine/Pain Clinic - Dr. Montone

All clinics are subject to change due to the recent COVID-19 pandemic. We encourage patients to call 816-629-2700 prior to your scheduled appointment.



# Emotional Support From the Comfort of Your Home

Receive emotional support in real-time using your telephone or computer, without the need to meet in person. Our Teletherapy services are private, efficient, flexible, and keep you safe in your home.

**Senior Life Solutions is designed to help individuals experiencing any of the following:**

- Physical limitations requiring emotional support
- Fear of leaving home/isolation
- Recently experienced a traumatic event
- Lost a spouse or close family member
- Caretakers who need emotional support
- Loss of interest in previously enjoyed activities
- Changes in appetite
- Difficulty sleeping
- Feeling loss of independence
- Loss of energy



**If you or a loved one would like to talk to someone about Senior Life Solutions Intensive Outpatient Services, contact us at:**

**816-629-2629**

**All phone calls are confidential.**

Our staff includes a board-certified psychiatrist, licensed social workers and therapists, and a registered nurse.